

VISIT OUR OPEN HOUSE:
Saturday, January 8th &
Sunday, January 30th
From 12 - 4PM



JOIN FOR YOUR HEALTH. STAY FOR YOUR WELL-BEING.

WORK OUT YOUR SPIRIT AND MIND AS
WELL AS YOUR BODY AT THE YMCA.

JOIN NOW AND PAY NO JOINER'S FEE.

VISIT YOUR LOCAL Y, TEXT* YMCA3 TO 30241 OR VISIT
YMCANYC.ORG TO GET A PASS TO "TRY THE Y FOR FREE."

MANHATTAN

Chinatown	(212) 912-2460	Vanderbilt	(212) 912-2500
Harlem	(212) 912-2100	West Side	(212) 875-4100
McBurney	(212) 912-2300		

BROOKLYN

Bedford-Stuyvesant	(212) 912-2280	Greenpoint	(212) 912-2260
Dodge	(718) 625-3136	North Brooklyn	(212) 912-2230
Flatbush	(718) 469-8100	Prospect Park	(718) 768-7100
Y Sports Complex @ Park Slope Armory	(212) 912-2580		

QUEENS

Cross Island	(718) 479-0505	Long Island City	(718) 392-7932
Flushing	(718) 961-6880	Ridgewood	(212) 912-2180
Jamaica	(718) 739-6600		

STATEN ISLAND

Broadway	(718) 981-4933	South Shore	(718) 227-3200
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BRONX

(718) 792-9736

FOR MORE INFORMATION CALL
(212) 630-YMCA OR VISIT YMCANYC.ORG

 **New York City's YMCA**
We're Here for Good.

*Message and data rates may apply.